### Recreation Programs Offered By Day

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cardio Workout pg. 3</td>
<td>All 4 One Yoga pg. 3</td>
<td>Bricks for Kids pg. 5</td>
<td>A Class of my Own pg. 9</td>
<td>Birthday Parties pg. 2</td>
<td>Birthday Parties pg. 2</td>
<td></td>
</tr>
<tr>
<td>Chess for Kids pg. 5</td>
<td>Creative Cartooning pg. 5</td>
<td>Babysitting pg. 3</td>
<td>Cardio Workout pg. 3</td>
<td>BackYard Players pg. 3</td>
<td>Bricks for Kids pg. 5</td>
<td>Roll Around pg. 6 and 9</td>
</tr>
<tr>
<td>CrossFit Kids pg. 3</td>
<td>CrossFit Kids pg. 3</td>
<td>Bowling pg. 4</td>
<td>CrossFit Kids pg. 3</td>
<td>Birthday Parties pg. 2</td>
<td>CrossFit Kids pg. 3</td>
<td>Tennis Court Rental* Pg. 2</td>
</tr>
<tr>
<td>Funday Monday pg. 9</td>
<td>Gymnastics pg. 7</td>
<td>Dog Obedience pg. 5</td>
<td>Fencing pg. 4</td>
<td>Bricks for Kids pg. 5</td>
<td>Gym and Game Rm. Pg. 4</td>
<td></td>
</tr>
<tr>
<td>Chess for Kids pg. 5</td>
<td>Creative Cartooning pg. 5</td>
<td>Babysitting pg. 3</td>
<td>Cardio Workout pg. 3</td>
<td>BackYard Players pg. 3</td>
<td>Bricks for Kids pg. 5</td>
<td>Roll Around pg. 6 and 9</td>
</tr>
<tr>
<td>CrossFit Kids pg. 3</td>
<td>CrossFit Kids pg. 3</td>
<td>Bowling pg. 4</td>
<td>CrossFit Kids pg. 3</td>
<td>Birthday Parties pg. 2</td>
<td>CrossFit Kids pg. 3</td>
<td>Tennis Court Rental* Pg. 2</td>
</tr>
<tr>
<td>Funday Monday pg. 9</td>
<td>Gymnastics pg. 7</td>
<td>Dog Obedience pg. 5</td>
<td>Fencing pg. 4</td>
<td>Bricks for Kids pg. 5</td>
<td>Gym and Game Rm. Pg. 4</td>
<td></td>
</tr>
<tr>
<td>Intro Gymnastics pg. 6</td>
<td>Happy Piano Enrich Keyboard pg. 9</td>
<td>Gymnastics pg. 7</td>
<td>Gym and Game Rm. Pg. 4</td>
<td>Gymnastics pg. 7</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kids in the Kitchen pg. 5</td>
<td>Homemakers pg. 10</td>
<td>Happy Piano pg. 9 Jam and Bounce</td>
<td>Ice Skating* pg. 4</td>
<td>Parent Toddler Workshop pg. 9</td>
<td>Roll Around pg. 6 and 9</td>
<td></td>
</tr>
<tr>
<td>NCJW Seniors pg. 11</td>
<td>Intro Gymnastics pg. 6</td>
<td>Intro Gymnastics pg. 6</td>
<td>Intro Gymnastics pg. 6</td>
<td>Roll Around pg. 6 and 9</td>
<td>Tennis Court Rental* Pg. 2</td>
<td></td>
</tr>
<tr>
<td>Roll Around pg. 6 and 9</td>
<td>KinderCrafts pg. 5</td>
<td>Nursery Enrichment pg. 9</td>
<td>NCJW Seniors pg. 11</td>
<td>Tennis Court Rental* Pg. 2</td>
<td>Zumba pg. 3</td>
<td></td>
</tr>
<tr>
<td>Square Dancing pg. 3</td>
<td>Nursery Enrichment pg. 8</td>
<td>Roll Around pg. 6 and 9</td>
<td>Nursery Enrichment pg. 8</td>
<td>Tennis Lessons* pg. 8</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tennis Court Rental* Pg. 2</td>
<td>Pickleball pg. 4</td>
<td>Intro. Ballet /Tap pg. 5</td>
<td>Roll Around pg. 6 and 9</td>
<td>Time to Shine pg. 5</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Time to Shine pg. 5</td>
<td>Roll Around pg. 6 and 9</td>
<td>Tennis Court Rental* pg. 2</td>
<td>Tae Kwon Do pg. 3</td>
<td>Touch Football* pg. 4</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tumble-Time pg. 6</td>
<td>Square Dancing pg. 3</td>
<td>Tennis Lessons* pg. 4</td>
<td>Tennis Court Rental* pg. 42</td>
<td>Tumble-Time pg. 6</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Zumba pg. 3</td>
<td>Swimming pg. 4</td>
<td>Touch Football* pg. 4</td>
<td>Tennis Lessons* pg. 4</td>
<td>Yoga Kids pg. 3</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tennis Court Rental* Pg. 2</td>
<td>Tumble-Time pg. 6</td>
<td>Time to Shine pg. 5</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tennis Lessons* pg. 4</td>
<td>Zumba pg. 3</td>
<td>Touch Football* pg. 4</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tumble-Time pg. 6</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Class Start Dates

**FALL 2017 SESSION**
- MONDAY: Sept. 18
- TUESDAY: Sept. 19
- WEDNESDAY: Sept. 20
- THURSDAY: Sept. 28
- FRIDAY: Sept. 29
- SATURDAY: Sept. 30

**WINTER 2018 SESSION**
- MONDAY: Jan. 8
- TUESDAY: Jan. 2
- WEDNESDAY: Jan. 3
- THURSDAY: Jan. 4
- FRIDAY: Jan. 5
- SATURDAY: Jan. 6

**SPRING 2018 SESSION**
- MONDAY: April 9
- TUESDAY: April 10
- WEDNESDAY: April 11
- THURSDAY: April 12
- FRIDAY: April 13
- SATURDAY: April 14

*Class meeting schedule subject to change. Updated class schedule will be available at registration and from your class instructor.*

**When mailing or registering in person follow the instructions below:**

1. Use forms provided in the booklet. Check detailed flyers with further information.
2. A Rockville Centre Recreation Membership Card is required for all individuals taking part in our programs. Resident fee $24.00 per year. Non Resident fee $26.00 per year. Fiscal year begins June 1, 2017 and ends May 31, 2018. This fee must be included in addition to the program fee.
4. Credit Cards (Mastercard and Visa, in-person only) are accepted for payment by the Recreation Department.
5. You will be notified ONLY if a class is undersubscribed and therefore canceled, or oversubscribed and the class is closed.

**NOTE:** All programs have a minimum number of participants required to conduct a class; numbers vary.

6. Please refer to the brochure for starting dates and times. Register EARLY. If you have any questions, please call the Recreation office at 678-9238.

516-678-9238

www.rvcrec.weebly.com
Rec Specialties

Birthday Parties

Roll Around Party
For children ages 1-6. Reserve our “Roll Around” set-up, including challenging climbing equipment, trampoline, rope swing, tumble track and more for 60 minutes followed by 30 minutes in our festive party room for refreshments.
Fee: $240 residents for 10 guests, $9 each additional.
$280 non-residents for 10 guests, $10 each additional.

Games & Sports Party
For children ages 6-12. Includes 60 minutes of games such as alligator pit, relay races, soccer, parachute games, soccer, foam hockey, foam bat baseball, and dodge ball in the gymnasium. Gym time followed by 30 minutes in our festive party room for refreshments.
Fee: $240 residents for 10 guests, $9 each additional.
$280 non-residents for 10 guests, $10 each additional.

Bricks 4 Kidz Lego Party
For ages 4 & up. Lego themed party where activities may include building motorized machines, prize winning games & challenges, followed by 30 minutes in our festive party room for refreshments.
Fee: $350 residents for 10 guests, $10 each additional.
$390 non-residents for 10 guests, $10 each additional.

Mad Science Party
For ages 3-12. Includes a 45 minute fun interactive show, plus 15 minutes of making Mad Science Goo. Mad Science invitations and a party poster included. Demonstration followed by 30 minutes in our festive party room for refreshments.
Fee: $405 residents for 14 guests, $5 each additional.
$445 non-residents, for 14 guests, $5 each additional.

All parties include trained staff members in the gym and the party room who will direct activities.

*Please Note* Birthday parents supply all food, drink, paper goods, party favors, etc. DEPOSIT REQUIRED AT TIME OF BOOKING.

For information and available dates, contact the Recreation Office.

Holiday Recess Activities
During holiday recesses when school is out, the Recreation Department offers many different activities in which children may participate. We offer everything from off-site trips with transportation by Recreation Center bus with trained rec. personnel, to on-site activities, mini-camps, and shows. Registration is held on a first come first served basis and all activities have a maximum and minimum enrollment. Look for flyers or check on our website at www.rvcrec.weebly.com

Summer Playground
Summer fun starts here with our daily summer program staffed by trained Recreation personnel. Activities include athletics, arts & crafts, recreational games and special events. After-playground field trips are scheduled every day; anticipated trips include Adventureland, RVC Lanes, Merrick Movie Theatre and more! Two highlights are the Family Night Fun-Fest and Summer Send-Off Finale where there will be games and prizes and lots of fun!

Registration begins in March and is on-going at the Recreation Center office.

Ages: Gr. 1-8
Day/Time: Monday—Friday 9:00-12:00pm (Late June—Early August)

Tennis Courts
The Nancy Cottrell Memorial Tennis Courts are located at Veterans’ Park adjacent to the Recreation Center. The Har-Tru surfaced courts are available for rental seven days a week from May through October, weather permitting. Adult and Senior Citizen rates apply. Call the office for further details.

516-678-9238  www.rvcrec.weebly.com
**CROSSFIT KIDS @ “THE ROCK”**
CrossFit Kids @ “The Rock” is a general strength and conditioning program designed especially for kids, utilizing the revolutionary CrossFit method. We teach children about functional exercises that mimic the everyday movements they do when they play - like pull, push, run, throw, climb, lift and jump. We also promote better nutrition and eating habits, and the development of greater self-confidence, leadership, and teamwork skills. CrossFit Kids @ “The Rock” is for boys and girls ages 6-12 (45 min. classes) and teens ages 13-17 (1 hr. classes).
All sessions are taught by CrossFit Kids certified coaches.
To register and ask questions, contact Janice Moone at Janice@crossfittherock.com or 516-445-6219.

**YOGA KIDS**
A unique approach to integrative learning using yoga as a pathway. Yoga Kids creates the ultimate learning adventure while helping kids de-stress and relax. The curriculum will help set the groundwork for meeting challenges and growing strong physically, mentally and emotionally while cultivating self-esteem.
Age: K and 1st Grade Day/Time: Fridays 4-5pm
Age: Grades 2-8 Day/Time: Fridays 5-6 pm
Fee: Resident $164 Non-Resident: $179 for 10 classes

**ZUMBA!**
Aerobic activity to a Latin beat. Have a great time, you’ll be exercising and won’t even know it!
Age: Adults over 18 Instructor: Ruth Karhu
Fall-Spring Hours
Monday 9:15am, Wednesday 6:00pm, Saturday 8:30am
Fee: Pay as you go $5 per one-hour class.

**TAE KWON DO**
The curriculum for this Korean art form features combinations of drills and exercise, concentrating on breath control, equilibrium, focus and dynamic kicks, punches, blocks, takedown and mat work. Participation in Tae Kwon Do will increase confidence, self discipline, respect of one self and others. Testing to advance at instructor’s discretion.
Instructor: Mary Babcock
Age: Boys/Girls Grade 1 & up
Day/Time: Thurs. 4:30-5:30pm Beginner, 5:30-6:30pm Yellow belt
Resident Fee: $167 Non-Resident Fee: $181 for 11 class meetings

**CPR & FIRST AID TRAINING**
Boost your confidence in the case of an emergency by becoming certified in CPR/AED and First Aid! This class gives individuals the knowledge and skills necessary to recognize and provide basic care for breathing emergencies, perform cardiopulmonary resuscitation (CPR), and use an automated external defibrillator (AED) for victims of sudden cardiac arrest. Learn the skills necessary to prevent, recognize and provide care for injuries and sudden illnesses until advanced medical personnel arrive. Instructor: Eric Ressegger
Day/Time/Fee: Offered Monthly on weekday evenings TBA Please check with the Rec Center website or flyer

**GYM AND GAME ROOM**
“Open Gym” Basketball at the Rec. Center. For residents Grades 4 - 12 on Saturdays 2:00-4:00pm and Gr. 6-12 Fridays and Saturday 7:30-10:00pm. Includes socializing and table tennis.
Recreation Card required. Start date TBA
Gym & Game specials during holiday & school breaks.

PARENTS / GUARDIANS MUST REGISTER THEIR STUDENTS. MEETING AND REGISTRATION DATES TO BE ANNOUNCED.

516-678-9238
# Sports Programs

## TENNIS LESSONS
Learn the fundamentals of tennis at the Nancy Cottrell Memorial Tennis Courts adjacent to the Recreation Center. Work on your forehand, backhand and serving techniques while learning how to keep score!

**Instructor:** Karen Polito  
**Ages:** 6-12 Years  
**Day:** Tuesdays, Wednesdays, Thursdays or Fridays  
**Time:** 4:00-4:45pm or 4:45-5:30pm each day  
**Resident Fee:** $85  
**Non-Resident Fee:** $91  
5 class meetings  
Starts September 12

## BASKETBALL LEAGUES
At Mill River Park.
For Grade 5, Middle School and Senior High Summer League (Boys & Girls) and Adult Men’s teams. Rosters are due April 2018. Contact the Recreation office in early March for information and registration forms.

## SOFTBALL LEAGUES
Leagues for men ages 18 & up and women ages 16 & up. Games are played weeknights at fields located in Rockville Centre in Spring, Summer and Fall leagues. Contact the Recreation Center office for information.

## TOUCH FOOTBALL GAMES
Touch football for boys in grades 4 & 5 (elementary) and 6-7 (middle school). Register your team (min. of 8 and max. of 12 players). Games will be played Wednesday, Thursday or Friday afternoons at Veterans’ Park, behind the Rec Center. Rosters due Sept. 12.

**FEE:** $25 per player  
**Plus Rec Membership Card Fee**

## FENCING INSTRUCTION
Children will learn basic skills, etiquette, terminology, footwork and blade work employed in the sport of fencing. Classes will begin with games designed to develop speed, endurance, and agility. Fencers will learn to keep score, referee and duel, using plastic foils, protective vests and lightweight masks.

**Instructors:** Island Fencing Academy instructor  
**Ages:** 6-12 Years Old  
**Beginners Day/Time:** Thursday 4:30-5:30pm  
**Advanced Beginners Day/Time:** Thursday 5:30-6:30pm  
(Must have attended 1 Session)  
**Classes will be combined if enrollment warrants**

**Resident Fee:** $172  
**Non-Resident Fee:** $188 for 10 class meetings

## INTRO. TO PICKLEBALL
This class is geared for the Adult Beginner player. Introduction to the game will focus on developing basic skills and implementing them in game situations. You will learn strokes and skills such as: underhand serve, forehand/backhand drive, volley, dink shot, drive/lob, as well as ball control and match strategy. Paddles can be borrowed or purchased from the instructor. Pickleball is a fun and easy game to learn quickly and is a socially friendly game to play!

**Day/Time:** Tues. 6:45 - 7:45pm/ Adult Intro  
Tues 7:45 - 8:45pm/ Adult Intro  

**Instructor:** Ken Henderson (Certified Pickleball Professional & Regional Tournament Championship Player)  
**Res. Fee:** $187  
**Non-Res. Fee:** $198  
**Seniors 60+:** $177  
9 class meetings

## SWIMMING ~ BOWLING ~ ICE SKATING
The following sports activities are sponsored by the Rockville Centre Recreation Department but take place at the Freeport Recreation Center or RVC Lanes. Participants will be picked up from RVC public elementary schools* or may meet at the John A. Anderson Rec.Center; they will then be transported to the Freeport Recreation Center (Swimming and Ice Skating) or RVC Lanes on Maple Avenue. The bus will return students to the Anderson Rec. Center at 6:00pm.  

**Coordinator:** Maura Ressegger  
*must have 5 or more registrants for pick-up at each school

## SWIMMING INSTRUCTION
Trained recreation staff provides group swim instruction to children in pre-beginner through experienced swimmer levels. Children should bring a towel, swim suit (and change of clothes), hair brush, goggles and a small snack. All items must be labeled with name.

**Ages:** 1st—6th grade boys and girls  
**Day/Time:** Tuesday 3:45-4:45pm at Freeport Recreation Center Pool  
**Resident Fee:** $168  
**Non-Resident Fee:** $183  
for 10 meetings

## BOWLING
Bowling is a fun activity that can be enjoyed for a lifetime! Bowling sessions include instruction in technique and bowling etiquette.

**Ages:** 1st—6th grade boys and girls  
**Day/Time:** Wednesday 3:45-6pm  
**Resident Fee:** $173  
**Non-Resident Fee:** $188  
for 11 meetings

## ICE SKATING
Join us for a 90-minute free-skate session—Rec. Staff will assist skaters, but no formal instruction provided. Helmet rentals are included (required for kids ages 8 and under). Participants must wear long socks and warm clothing.

**Ages:** 1st—6th grade boys and girls  
**Day/Time:** Thursday 3:45-6pm  
**Fall start date TBA—8 class meetings**

**Fall Resident Fee:** $120  
**Fall Non-Resident Fee:** $130  
**Winter Resident Fee:** $168  
**Winter Non-Resident Fee:** $183

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516-678-9238  
www.rvcrec.weebly.com
CREATIVE CARTOONING
Children will learn the finer points of becoming a cartoonist, creating their own characters using basic everyday shapes. Participants must supplies sketch pad and drawing pencils.

Instructor: Dan O’Connor  Day/Time: Tuesday 4:30 – 5:30pm
Age: 2 and up  Res. Fee: $122  Non-Res. Fee: $135 for 11 classes

BABYSITTING
An instructional course for prospective babysitters, covering babysitting responsibilities, characteristics of children, accident prevention, emergency actions, basic child care, feeding and diapering.

Instructor: Roseann Catanzaro  Age: Boys/Girls Grades 6 - 9
Day/Time: Wed 4-5pm  Res. Fee: $83  Non-Res. Fee: $91 for 8 meetings

THEATRE GROUP—BACKYARD PLAYERS
Backyard Players & Friends is a unique inclusive program for teens and young adults of all abilities. Our BYP Theatre Group explores theatre games, song, dance, improvisation and sketch comedy. You’ll discover that working together and having fun is the best “ART” of all!

Instructor: Stephen Mazzitelli
Age/Day/Time: Gr. 2 – 8 Wed. 6:00-6:45pm
Res. Fee: $95  Non-Res. Fee: $110 for 8 class meetings

INTRODUCTION TO GUITAR
Learn the basics of guitar playing: how to hold the guitar, basic chords and instruction on different genres of music. An acoustic guitar is required for this course.

Instructor: Stephen Mazzitelli
Age/Day/Time: Gr. 2 – 8 Wed. 6:00-6:45pm
Res. Fee: $95  Non-Res. Fee: $110 for 8 class meetings

HAPPY PIANO (Keyboards)
Participants will learn music theory as they joyfully play their little keyboard. This class is a great way to start your child on a life-long love of music! Registrants must pay a separate $35 materials fee payable to Happy Piano at the beginning of the first session of the year.

Instructor: Happy Piano staff
Age/Day/Time: Age 3-4 Tuesday 4:30-5:15pm
Age 5-6 Tuesday 5:15-6:00pm
Res. Fee: $225  Non-Res. Fee: $242 for 10 class meetings

KIDS IN THE KITCHEN
Have fun with food, learn about good nutrition, and how to prepare gourmet dishes—then enjoy eating them! Kids will receive full book of recipes for dishes they have created!

Instructor: Moira Anderson, Roseann Catanzaro
Age: Grades K-1  Day/Time: Mon 4:00-5:00pm
Age: Grades 2-5  Day/Time: Mon 5:15-6:15pm
Res. Fee: $150  Non-Res. Fee: $165 10 classes

KINDER-CRAFTS
Kids will explore various art media as they create personal masterpieces. Holiday themes will be used for a wonderfully creative experience.

Instructor: Roseann Catanzaro, Moira Anderson
Age/Day/Time: Age 3½ - 5 years: Tuesday 4:00-4:45pm
Res. Fee: $108  Non-Res. Fee: $120 for 10 meetings

INTRODUCTION TO TAP and BALLET
Our introductory dance program introduces children to ballet and tap, while allowing them to express their toe-tapping energy through creative movement. Gr K-1 will allow children to dance independently on the stage.

Instructor: Diana Graham
Age/Day/Time: 3-4 year olds: Wednesday 3:45-4:45pm
Gr. K-1: Wednesday 5:00-6:00pm
Res. Fee: $176  Non-Res. Fee: $192 for 11 class meetings

DOG OBEDIENCE
Train your dog to be a better member of the home and the community. Dogs must be 4 months or older and have shots up to date. Trainer attending class must be at least 17 years old.

Instructor: Rena Dershowitz
Day/Time: Wednesdays 7:00, 8:00, 9:00pm
Res. Fee: $177  Non-Res. Fee: $191 for 10 class meetings

LEGO BRICKS FOR KIDZ
For ages 3-4 An educational and entertaining class engaging the children using Lego Duplo bricks to form letters. Your child will build exciting models with guided instruction.

Instructor: Bricks 4 Kidz, Inc. Staff Members
Day/Time: Thursday or Friday 4:00pm or Saturday 10:00am
Pre-school 45-minutes and Gr. 1-up 1 hour classes
Res. Fee: $181  Non-Res. Fee: $199 for 10 class meetings

COMPUTER EXPLORERS
The TechStars program that simplifies the complex world of educational technology by connecting science, technology, engineering, math and the arts. All of our unique courses are project-based, hands-on and designed to make learning fun. Students work together in small groups and we challenge them to apply what they learn! For details on days call 516-731-3766 or email celoricat56@gmail.com

CHESS
Beginners learn the fundamentals of the game. Chess has proven to help students enhance their creativity, improve their concentration, develop and expand critical thinking skills. Kids will participate in tournaments and have fun! For players with prior experience also!

Instructor: Kevin & Kendra Hoepper
Age/Day/Time: Gr. 2 – 8 Mon. 6:30-7:30pm
Res. Fee: $108  Non-Res. Fee: $118 for 10 class meetings

TIME TO SHINE
TIME TO SHINE is a musical theater workshop for all children age 4 through teens. Our primary purpose is to allow children to express themselves through song and dance. This program has been created to give children the opportunity to participate in a staged production just for the “FUN of it!” For class schedules and details, contact program director Kathy Smith at (516)795-8572 or go to timetoshinekids.com
INTRODUCTION TO GYMNASTICS

Movement education, basic tumbling and introduction to gymnastic apparatus, which is a basis for more formal gymnastics instruction. Participation in gymnastics provides a good foundation for other sports. Children will participate in activities using the vault, uneven bars, balance beam and floor exercise apparatus.

For boys and girls in Pre-school and Kindergarten 2017-18

Why should I enroll my child in gymnastics?
Here are some excellent ways children benefit from gymnastics:
- It's fun!
- It develops strength, flexibility and coordination
- It teaches listening skills
- Your child gains self-esteem and confidence
- It provides social interaction with peers
- It teaches goal setting
- It develops cognitive abilities to help in the classroom
- It develops skills to enhance other sports

**BOYS AND GIRLS IN KINDERGARTEN**

Mon. 3:45-4:30 pm  
Tues. 3:45-4:30 pm  
Wed. 3:45-4:30 pm  
Wed. 5:00-5:45 pm  
Fri. 5:00-5:45 pm  
Sat. 9:45-10:30 am

*child must be attending Kindergarten for 2017-18 school year

**PRE-SCHOOLERS**

Ages 4 & 5

Mon. 2:10-2:55 pm  
Wed. 1:30-2:15 pm  
Thurs 1:00-1:45 pm  
Thurs. 1:45-2:30 pm  
Fri. 12:30-1:15 pm  
Fri. 1:15-2:00 pm  
Sat. 9:00-9:45 am

*Child must be at least 4 YEARS OLD by the first class meeting of that session.*

Participants must arrive on time. Make-ups for missed classes are limited.

**TUMBLE-TIME! ONE, TWO, THREE**

Movement education classes featuring activities with large motor skills and basic gymnastic concepts using Roll Around and gymnastics apparatus. Music and songs are integrated into a dynamic program for both child and adult.

In Tumble-Time 1 & 2, the child attends with an adult; In Tumble-Time 3 child must separate.

If unable to separate, child may take Tumble-Time 2 with parent.

Tumble-Time 1 and 2 require active participation of adult. Both child and adult are asked to remove shoes for activity. Tumble-Time 3 prepares the child for more structured gymnastics instruction.

**Tumble-Time One**
16-23 Months
Mon. 9:15-10:00 am  
Wed. 9:15-10:00 am

**Tumble-Time Two**
24-35 Months
Mon. 10:05-10:50 am  
Mon. 10:55-11:40 am  
Tues. 9:15-10:00 am  
Tues. 10:05-10:50 am  
Wed. 10:05-10:50 am

**Tumble-Time Three**
36-48 Months
Mon. 1:15-2:00 pm  
Tues. 11:05-11:50 am  
Tues. 1:00-1:45 pm  
Tues. 1:45-2:30 pm  
Wed. 11:05-11:50 pm  
Wed. 12:30-1:15 pm  
Fri. 11:30-12:15 am

Child must be 3 years-old when class begins

Age: Ages 1½ - 3

**Instructor:** T1 + T2 with Rosalie Rodriguez  
T3 with Rosalie Rodriguez, Karen O’Connor, Heather Knoch, Agatha Koziarz

Resident Fee: $180  
Non-Resident Fee: $197  
11 class meetings

**Coordinators:** Heather Knoch and Karen O’Connor
FEE for Fall Session:

**Resident Fee:** $180  
**Non-Resident Fee:** $197  
11 class meetings

**ROLL AROUND FUN CARD**

For children ages 1-4 with adult supervision

Roll Around creates an engaging environment of gym apparatus and manipulatives in which your child can explore, process, and discover.

The parent/child interaction will enhance the physical, mental, emotional and social development of your child.

Adult and child are asked to remove shoes while on mats.

(NO OLDER CHILDREN PLEASE)

Fun Cards sold in 5, 10, 15-packs.

Single session $12 / Resident $13 / Non Resident
5 Session Card $45 / Resident $50 / Non Resident
10 Session Card $80 / Resident $90 / Non Resident
15 Session Card $110 / Resident $125 / Non Resident
RISING STARS AND GYMNASTICS CLUB

The Rising Stars developmental team is for girls who contemplate trying out for the competitive teams in the future. The Gymnastics Club program is for girls who are looking to participate in a more rigorous gymnastics workout but not looking toward the competitive level. Evaluation tryout for the 2018-19 program takes place in June 2018. Gymnasts must pre-register in order to tryout.

Practice Times
Rising Stars: Thursdays 5:15-7:15pm
Club Junior: Gr. 1-4: Thursdays 4:00-5:30pm
Club Senior Gr. 4-8: Tuesdays 7:00-8:30pm

Monthly Fees For October—May
Rising Stars- $105/Residents $113 Non-Residents
Club: $ 79 Residents $85 /Non-Residents

SUMMER GYMNASICS
Rec Gymnastics, Super Sessions and Gymnastics Schools are offered in the Summer, to enhance and expand on skills acquired during the school-year. Schedules are available at the office and online in April.

COMPETITIVE GYMNASICS TEAMS

The Recreation Center is the home of the Ultimate and United Gymnastics Teams, featuring 1st – 8th graders competing in the L.I. Independent Gymnastics League. The teams practice 2 nights per week and compete in 4 dual meets and 2 championships during the season. We are proud to announce that a RVC Rec. team has been the LIIGL champion for the past 8 years! Tryouts for the competitive teams takes place in June. Participation in the team program is a full-year commitment. Families and friends are invited to watch the competitions in January through June. Admission is free!

Head Coaches:
Michele LoPalo, Pam Lang, Heather Knoch, Kerri Owens

INSTRUCTIONAL GYMNASICS PROGRAM
Grades 1-5

Our 43rd year providing quality recreational instruction to children, featuring the four women’s Olympic apparatus—vault, uneven bars, balance beam and floor exercise. This program follows the guidelines set by USA Gymnastics. Gymnasts will be grouped within each class according to age, ability and prior experience. Placement in the proper instructional group is crucial to the gymnast’s safety, enjoyment and learning experience.

Regarding attire:
Gymnasts must wear a leotard/unitard or form-fitting clothing. Jeans and skirts are inappropriate attire.
All jewelry must be removed before entering the gym.
Those who are not dressed properly cannot participate for safety reasons.
All instructional classes meet for one hour.
MAKE-UPS for missed classes are limited.

FEE for all one-hour classes:
Resident $180  Non-Resident $197
11 Class meetings for Fall session
Please use Gymnastics Registration form on detailed flyer
Returning gymnasts may register on August 7 but are not guaranteed placement in a class.
Coordinator: Heather Knoch   HKnoch@rvcrec.org

2017-18 INSTRUCTIONAL CLASS OFFERINGS
One Hour Classes

Girls Grade 1
Mon. 4:30pm ~ Mon. 5:30pm ~ Wed. 4:00pm
Fri. 4:00pm ~ Sat. 10:30am

Girls Grade 2
Mon. 5:30pm ~ Wed. 4:00pm
Fri. 4:00pm ~ Sat. 10:30am

Girls Grade 3
Tues. 4:00pm ~ Fri. 4:00pm ~ Sat. 11:30am

Girls Grades 4-5
Tues. 4:00pm ~ Sat. 11:30am

Instructional program for Grades 6-8 no longer offered. Middle schoolers should inquire about Rising Stars and Club Programs

Our Spring Session is dedicated to practicing routines based upon skills learned in the Fall and Winter sessions. Participants must have participated during the current year in order to participate in the show!
Nursery School

The Rockville Centre Recreation Department is pleased to offer Nursery School Programs in the Joan S. Schapiro Early Childhood Education Center. For over 50 years the Recreation Department Nursery School has provided a nurturing environment that prepares your children for kindergarten. Call our office to arrange for a visit and personal tour! Nursery School Director Karen Polito at KPolito@rvcny.us

Benefits of participation in our Nursery Program

* Children will enjoy numerous physical activities to encourage large muscle development in our spacious, well-equipped gymnasiums, as well as our state of the art age-appropriate outdoor playground.
* Your child will explore age-appropriate manipulatives, books, sensory tables, musical movement and arts & crafts. Through directed play, the child develops socially and his or her capacity for adjustment to the formal experience of school is enhanced.
* Teachers implement small-group activities to focus on skill-building, socializing and following instructions.
* Children are encouraged to learn through play. Shapes, colors, letters and numbers will be introduced in a classroom setting.
* Each classroom in the Joan S. Schapiro Early Childhood Education Center is spacious, bright, and inviting along with having the most current state of the art early learning materials.
* Our program is run and staffed by our warm, nurturing, dedicated and experienced staff who are committed to providing your child with a positive school experience. The head teachers are NYS certified.

NURSERY SCHOOL 2017-18

<table>
<thead>
<tr>
<th>Morning Pre-Kindergarten 3’s</th>
<th>Morning Pre-Kindergarten 4’s</th>
<th>Afternoon Pre-Kindergarten 3’s</th>
<th>Afternoon Pre-Kindergarten 4’s</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday - Thursday</td>
<td>Monday - Friday</td>
<td>Tuesday, Wednesday and Thursday</td>
<td>Monday - Thursday</td>
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<tr>
<td>9:00-11:30am</td>
<td>9:00-11:30am</td>
<td>11:45am-2:15 pm</td>
<td>11:45am-2:15 pm</td>
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<tr>
<td>Karen Polito</td>
<td>Kerri Maxwell</td>
<td>Karen O’Connor</td>
<td>Kerri Maxwell</td>
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</tbody>
</table>

Assistants: Jean Higgins, Nanette Sweeney, Donna Brown, Carol Repetto, Sandra Brew, Julie Brooks, Patty Salute

Fee: Non-Refundable Deposit: $200. PLUS monthly tuition payments - fee schedule is available at the Recreation Center office.

Eligibility: Pre-Kindergarten 4’s - Birthdate 1/1/13 – 12/31/13 (Those entering Kindergarten in September 2018)

Pre-Kindergarten 3’s - Birthdate 1/1/14-12/31/14 (Those entering Kindergarten in September 2019)

NURSERY SCHOOL ENRICHMENT PROGRAM

An extension of our Nursery School program for children in the Rec Center’s Morning Nursery program. This 1, 2 or 3 day - a-week program includes reading/math readiness skills, and music. Children should bring a lunch! Teacher: Karen Polito

Day/Time: Tuesdays, Wednesdays, and Thursdays 11:30am-2:00 pm (Choose one or all 3 days)

Fee: Residents: $74 / Non-residents: $82 per month for each day or Enrichment (Tuesdays, Wednesdays or Thursdays)

Payment may be made with monthly Nursery School tuition. Contact Mrs. Higgins at JHiggins@rvcny.us.

TIME FOR TWO’S

A separation pre-school experience for 2-year-olds.

Days/Times: Mondays & Wednesdays OR Tuesdays & Thursdays from 9:15am-11:15am

Teacher: Julie Glass, with Agatha Koziarz, Sandra Brew and Michelle Sabatino

Fee: Residents: $150 non-refundable deposit
Non-Residents: $185 non-refundable deposit
PLUS monthly tuition payments—fee schedule available at the office.


SUMMER NURSERY

A fun-filled nursery school program for children entering Kindergarten or Pre-K 4’s in Fall 2018

2018 Gr. K class
2018 pre-K 4’s class

Days/Times: Monday – Friday Monday-Thursday
9:00-11:30am 9:00-11:30am

Fee: Residents: $150 non-refundable deposit plus final payment TBA
Non-Residents: $185 non-refundable deposit plus final payment TBA

Note: Final payments in addition to deposit are due in May. Registration begins in March 2018. See detailed flyer.
The HAPPY PIANO Baby Bounce
We provide an entertaining musical world that captivates the attention of little ones through the use of brilliant colors, puppets, instruments & props in this 30 minute class.
**Instructor:** Happy Piano staff  **Age:** 6 to 17 months with adult
**Day/Time:** Wed or Thurs 9:30-10:00am or Wed 12:45-1:15pm
**Res. Fee:** $158  **Non-Res. Fee:** $171  for 10 class meetings

The HAPPY PIANO Jamboree
An early childhood music literacy program that really rocks! Toddlers and parents will enjoy movement to music and listen/act out musical stories in a 45 minute class. Jamboree-ers experience a splash of playing on an actual piano keyboard!
**Instructor:** Happy Piano Staff
**Day/Time:** Weds or Thurs 10:00-10:45am or Weds 1:15-2:00pm
**Age:** 18-35 months with adult  **Res. Fee:** $198  **Non-Res. Fee:** $215  for 10 class meetings

FUNDAY MONDAY
Children entering Kindergarten in 2017 or 2018 can enrich their nursery school experience in this program of music, stories, crafts and gym time.
**Instructor:** Karen Polito
**Age:** Children must be entering Kindergarten in 2018 or 2019
**Day/Time:** Mondays 11:30am-1:30pm  September 25
**Resident Fee:** $182  **Non-Resident Fee:** $198  for 11 classes

A CLASS OF MY OWN
Your “just-turned 3” year-old (and almost 3’s) can go to school too! A unique opportunity for boys and girls with birthdays 1/1/15 through 6/30/15 to begin their Nursery School experience in a creative and nurturing environment.
**Instructor:** Karen Polito  **Day/Time:** Fridays 9:00am-10:30am
* This class offered during the Winter and Spring sessions.
Please see detailed pre-school flyer for more information*

See page 6 for Tumble-Time class for Toddlers

The HAPPY PIANO ENRICHMENT
Music and movement integrated into the pre-school curriculum, including stories, drama, arts & crafts and gym time. Music lessons on a keyboard a plus! Bring your lunch!
Children in this class will be brought directly to Afternoon Pre-K class.
**Instructor:** Lisa Hoffman and Happy Piano staff
**Age:** Pre-K 3’s and 4’s
**Day/Time:** Tuesdays 10:00am-11:30am  Starts Sept. 26
**Resident Fee:** $256  **Non-Resident Fee:** $276  for 10 classes

PARENT-TODDLER WORKSHOP
Your toddler can go to school too! A unique opportunity for parent/caregiver and youngster to participate together in a relaxed program of art, music, movement and playtime, led by an experienced early childhood specialist. Includes classroom and gymnasium activities.
**NOTE:** Child must be at least 24 months old at first class meeting.
**Instructor:** Karen Polito  **Age:** 24-36 months old
**Day/Time:** Fridays 9:00am or 10:45am-12:15 pm
**Resident Fee:** $189  **Non-Resident Fee:** $205  11 classes

ROLL AROUND
For children ages 1—4 only
Roll Around creates an engaging environment of gym apparatus and manipulatives in which your child can explore, process, and discover. The parent/child interaction will enhance the physical, mental, emotional and social development of your child. Adult and child are asked to remove shoes while on mats. You may choose to attend any of the Open Roll Around sessions with your FUN CARD!
**Fun Cards sold in 5, 10, 15-packs.**
Single session $12/Resident $13/Non Resident
See page 6 for Fun Card information
Reserved sessions require advanced registration.

Roll Around Schedule
(subject to change, check website for up-dates)
All Roll Around sessions below are 1 hour each
Sundays 9:30am
Mondays 10:30am,11:35am, 12:40pm
Tuesdays 10:30am; 11:35am; 12:40pm
Wednesdays: 10:30am;11:35am; 12:40pm
Thurs 9:00am, 10:30am; 11:35am; 12:40pm
Fridays 9:00am, 10:05am; 11:10am
Sat 8:45am; 9:50am, 10:55am
Tentative Start Date Sept. 5, 2017
Roll Around Times in Bold are Reserved Sessions
Adult and child are asked to remove shoes while on mats.
(NO OLDER CHILDREN PLEASE)

COMPUTERTOTS
This program offers extraordinary computer education classes in which your child will learn computer terminology and usage. Children work in small groups with early childhood computer teachers on PC’s and laptop computers and use a variety of exciting software and peripherals, such as a digital camera and a computer microscope. Class is geared for ages 3-5 and runs once a week for 30 minutes.
For details on days and times and to register, call 516-731-3765 or email celoricat56@gmail.com

516-678-9238  www.rvcrec.weebly.com
Dr. Martin Luther King, Jr. Community Center
150 N. Centre Ave. Rockville Centre, NY 11570 Phone 516-678-9236
Director: Patrick Morris - Recreation Attendant: Sharon Sheppard

BUILDING SCHEDULE
Operation Hours are as follows:
MONDAY-FRIDAY - 9:00am – 8:00 pm
All children and adults must have a current registration and recreation card on file to participate in each program.
All children must follow guidelines in order to remain in the program.

YOUTH PROGRAMS
Homework Assistance, Open Recreation, Fashion Bugz, MLK Choir, Teen Group, Dance Classes, Teen Basketball, Pee Wee Night, Summer Camp, Martial Arts, Mentoring Program, Reading Club, Arts and Crafts

ADULT PROGRAMS
Open Game Room, Zumba, Male Roundtable, Helping Hand Committee

SENIOR PROGRAMS
Silver Fox Group, Arts and Crafts, Fan Van

HALLOWEEN PARTY: Open to children of all ages.
WEST END DAY: Involves the whole community.
MOTHER’S DAY and FATHER’S DAY DANCE
CHRISTMAS PARTY: Open to children of all ages.
MARTIN LUTHER KING CELEBRATION: For the whole community.
EASTER PARTY: Open to children of all ages.

Also on the calendar are activities planned for the Christmas Holidays, Winter Break, and Spring Recess during the school year.

Rockville Centre Chapter of Homemakers
Check out our new and updated look!
Learn the fine arts of Knitting and Crocheting! Join us for crafts, cooking, chefs corner, book club, adult coloring, mini discussions and much, much, more from exceptionally talented women! Get involved with Community Outreach to help those in need.
All adults over 18 years old are welcome. We meet Tuesdays at 10:00am. Fall session starts Tuesday, September 12th, 2017.
Any questions call Karen Alterson at 516-318-6771

Village Youth Athletic Organizations

Rockville Centre Boys and Girls Basketball League
For information– www.rvcbl.com
Rockville Centre Little League
For information– www.rvclittleleague.com
Rockville Centre Lacrosse Club
For information– www.rvclacrosse.com
Rockville Centre Soccer Club
For information– www.rvcsoccer.net
Rockville Centre Tee Ball
For information– www.game7sports.com
RVC Titans Football
For information– www.rvctitans.com

Guild for the Arts
Call the Guild Hotline for information at 516-616-3610
Rockville Centre Senior Citizens Club
Meets at the John A. Anderson Recreation Center

Co-Sponsored by the National Council of Jewish Women, South Shore Section and the RVC Recreation Department.
Recreation Membership card required $27 residents $29 non-residents. This program is conducted at the Recreation Center on Mondays and Thursdays throughout the year, beginning on Thurs. Sept. 8 and Mon. Sept. 12.
Program does not meet during school holidays.
Detailed information regarding bus pick-ups will be available at the Sandel Center office in September.

Mondays
Program 12N-3:00pm
Cards/Mah Jongg 12n-3:00pm
Staff: Sue Pollak, Anita Karsch Co-Coordinators

Thursdays
Water Color/Oil Painting 10:00am-12N
Program 12N-3:00pm
Duplicate Bridge 1:00-3:00pm

This program affords our seniors an opportunity to meet new friends, renew past acquaintances and share common interests. Professional oil painting and duplicate bridge instructors are on hand to ensure an enjoyable experience.
Join us for games, cards, day trips, discussions, and socializing. Refreshments are served!
Summer Hours 1:00pm–3:30pm

Rockville Centre Department of Senior Services

50 S. Park Ave (corner of Park and Lincoln Ave.) Rockville Centre, NY 11570 - Telephone: 516-678-9350
Director: Chris O’Leary

Registration takes place throughout the year at the Sandel Center. To register call 516-678-9350 for an appointment.
Membership is open to Village residents age 60 and up. A valid Senior Center Membership is required to participate in activities. *Senior Center registration is separate from registration to Recreation Department Programs*

Sandel Center

Senior Transportation Programs
Transportation is available to Center members on a regular schedule from central locations and by appointment for local non-emergency door-to-door medical appointments, activities, and other needs.
Call the office at 766-1266.
Meals: Are Served 12 noon, Monday-Friday

Center Stage Chorus
Singers perform at the Senior Center and in and around the community. All those age 60 and over are encouraged to join the troupe.

Workshops and Classes
An array of daily classes in physical fitness, yoga, stitchery, art, music, dance, and much more.

Discussion Groups
Qualified leaders guide discussions on humanities, self-awareness, and current event topics.

Men’s Club
The club meets on the first and third Tuesdays of every month, with guest-speakers and a business meeting. Trips, luncheons, and special events are also included in Men’s Club activities

Evening Dine Around
Mature adult participants meet at different local restaurants on various Wednesdays of each month from 6-8pm. Join us for fun, companionship, and good dining out. Please call 678-9350

Volunteer Programs
Numerous volunteer opportunities are available to senior participants.

Social Work Services

SPA, “Senior People in Action”
Summers also include this award-winning older fitness program; SPA provides a combination of multiple intensity fitness and educational activities in an atmosphere of emotional and social support.

Information and Referral
A Social Worker is available at the Senior Center for all those age 60 and over, or caring for a senior, needing information and/or assistance with such areas as health, housing, recreation, transportation, income maintenance and/or interpersonal difficulties, individual counseling and family consultation.

Senior Center Without Walls
“Senior Center without Walls” provides social work services at senior housing sites, the library and houses of worship. Meeting privately and individually with seniors and their families, the social workers are able to answer questions about and make referrals to services such as transportation, Meals on Wheels, Medicare and Medicare Part B, services available upon discharge from the hospital or a rehab and other issues of relevance to older adults in the community.
For information about the next Senior Center without walls program or to schedule the Social Work staff to meet with your groups,
Call Sherri Gilbert, LCSW at 536-1162
2017–2018 PROGRAM REGISTRATION FORM

This form NOT for gymnastics

Participant’s Name ___________________________ Age ______ Date of Birth __________________ Rec. Cd. # ______

Address ___________________________ Town ___________________________ School ___________________________ Grade ______

Home Phone ___________________________ Cell ___________________________ Email ___________________________

Program ___________________________ Day ___________________________ Time ___________________________ Fee ___________________________

Program ___________________________ Day ___________________________ Time ___________________________ Fee ___________________________

2nd participant’s name ___________________________ Grade ______ D/O/B ______ Rec. Cd. # ______

Program ___________________________ Day ___________________________ Time ___________________________ Fee ___________________________

Program ___________________________ Day ___________________________ Time ___________________________ Fee ___________________________

Make checks payable to Inc. Village of RVC

Program fees ___________________________

Rec. card fee ___________________________

Total paid ___________________________

Signature of registrant/guardian ___________________________

Office use only: Date rec. _______ Posted _______ Rec. # _______ Staff

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2017-18 RECREATION MEMBERSHIP FORM

PROGRAM ____________________________________________

PLEASE PRINT

Last Name ___________________________ First Name ___________________________

Age _____ Male/Female Date of Birth ______ Date of Birth ______ Email ___________________________

Address __________________________________Town/Zip_____________________

Home Phone ___________________________ Emergency Phone ___________________________

If student School Attending ___________________________ If student Grade (Sept. ’17) ______

I hereby apply for membership to the Inc. village of Rockville Centre’s Dept of Recreation and state that the information supplied herein is true.

Date ___________________________ Signature of applicant or parent ___________________________

For office use only

2017-18 RVC Card # ___________________________ Amt. $24 Rec. # ___________________________

2017-18 Non-res. card # ___________________________ Amt. $26 Rec. # ___________________________

Note: cards are color-coded and are valid from June 1, 2017 through May 31, 2018. A new card must be purchased for each new fiscal year beginning June 1. Individual membership is not pro-rated or transferable.