

This Month in Recreation

Annual Gymnastics Show

The Recreation Department's annual gymnastics show is Friday, May 16 at 7:30 P.M.. Participants include program members from the fall and winter sessions. Tickets are available beginning May 12.

Tennis Courts Open

The Har-Tru courts adjacent to the Rec Center are open and ready for play. Courts are available seven days a week from 8 A.M. until dusk. Admission is by valid recreation card plus court fees.

Aerobic Exercise Classes

Ongoing aerobic exercise classes are being offered on Monday, Tuesday, and Wednesday evenings beginning at 7.

Classes can be paid for by the session and are conducted in the air conditioned Rec Center gym.

Summer Playground and Middle School Programs

The Rec Center's 49th Summer Playground Program will be held June 30 through August 7 from 9 A.M. to Noon at three sites: The Rec Center, Wilson School, and Hewitt School, for children in grades 1 to 6 as of September, 2003. Daily activities include athletics, arts and crafts, recreational games and special events.

For the 8th year the Recreation Department will host a middle school program for those in the 7th and 8th

grade as of September, 2003. Daily activities include athletics, games, special events, and trips. Participants register to meet at Wilson or Hewitt school.

Both programs will be held June 30 through August 7 from 9 A.M. to Noon and cost \$215 per child, which includes a membership card and trip shirt. There is a \$10 deduction for each additional child. There is no program Friday, July 4.

The programs are open to all Rockville Centre residents and residents of the Rockville Centre School District.

Fall Nursery School

Registrations are being accepted for the RVC Recreation Center's nursery school programs for the 2003 - 2004 school year. Classes begin September 8 and follow the holiday schedule of the public schools.

Five morning and three afternoon classes are offered for children entering kindergarten in September, 2004 and four mornings and two afternoons for those entering kindergarten in September, 2005.

To schedule an appointment to visit the school, call the Recreation Office at 678-9338.



Registration is now open for the summer playground and middle school programs at the Rec.

Summer Sports Schools

Flyers are available for boys baseball, girls basketball, and boys and girls lacrosse schools during the summer 2003.

The 28th annual baseball school for boys ages 6 to 13 is offered June 30 to July 11 from 9:30 A.M. to 1:30 P.M. at Barasch Field. The school is coordinated by Bob Hirschfield of New York Tech and costs \$260.

A Nike basketball camp for girls ages 12 to 17 is offered July 28 to August 1 from 9 A.M. to 3 P.M. The fee is \$225.

A Nike lacrosse camp for girls ages 8 to 17 is July 7 to 11 9 A.M. to 3 P.M. The fee is \$225.

A Nike lacrosse camp for boys ages 8 to 17 is July 21 to 25. The fee is \$225.



The Rec Center's Annual Gymnastics Show is Friday, May 16 at 7:30 P.M.



This Month In Rockville Centre

One College Place, P.O. Box 950
Rockville Centre, New York 11571

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Dates & Events

Wednesday, May 7, 8 P.M.
BOARD OF APPEALS

Monday, May 12, 8:15 P.M.
BOARD OF TRUSTEES

Tuesday, May 20, 7:30 P.M.
PLANNING BOARD

Wednesday, May 21, 8 P.M.
BOARD OF APPEALS

Monday, May 26
MEMORIAL DAY
Village Offices Closed

NOTE:

Videotapes of Board of Trustees meetings are broadcast on Cable Channel 76 on Wednesdays (8:15 p.m.) and Saturdays (1:30 p.m.) following each meeting.

Events are at Village Hall unless otherwise noted.

For general information:

Call 678-9300

Emergency Numbers

Fire **911**

Police **911**

Ambulance **911**

Electric 766-5800

Water 678-9252

Nights & Weekends

766-5800

Internet Address

www.ci.rockville-centre.ny.us

This Month In Rockville Centre

MAY, 2003

VOL. 52, NO. 4



The Sandel Senior Center's SPA program supports healthy aging with frequent walking excursions, including this walk last year to pick up trash in the Village.

Sandel Senior Center SPA Program's Second Season

Senior People in Action (SPA), Rockville Centre's highly-successful program to support healthy aging, will kick off its second full season on Monday, June 2.

The popular program enables seniors, who make up an increasingly high percentage of the population, to age well by avoiding age-related illnesses and impairments.

"The program is a lot of fun and creates a real feeling of camaraderie," said Senior Services Assistant Director Chris O'Leary.

The program is based on research findings that link healthy aging to factors that individuals can control, like nutrition, physical exercise, and emotional support.

"We are laying the groundwork for the coming Elder Boom population

while meeting the quality-of-life needs of our current older adult population," said Senior Services Director Cyd Beth Charrow.

Already, 20 percent of Rockville Centre residents are over 60, far ahead of both New York State and United States averages, according to the 2000 Census.

The program includes a variety of physical activities with social, emotional, and educational support provided both by peers and by professionals.

Participants need a clearance form signed by a doctor. There is a \$10 registration fee which can be waived based on need.

In March, the Sandel Senior Center became the 85th out of 16,000 senior center nationwide and the first on Long Island to be accredited by the National Institute of Senior Centers.



Village Hall Comments

By Trustee John A. Matthews, Jr.



Goodbye from Trustee Matthews



As has been reported in the Herald, I have chosen not to seek re-election this June for another term as Village Trustee. I made this decision after considerable thought and concluded that I was not able to spend the time on Village business that the position required.

The addition of Village responsibilities upon an already hectic lifestyle meant that I was forced to make too many compromises which were unfair to my family, my business, my friends and also to my responsibilities as Village Trustee.

Leaving office is not without some regrets. I will miss the daily challenges presented as a Village Trustee and, in particular, will miss working with the Mayor and other Trustees and also the professional and dedicated Village employees.

The Village founding fathers had the foresight to build and operate many services which the residents required in their everyday lives—fire protection, police protection, electric, water, sew-

erage and recreation—to name but a few. Local control of these everyday services is a large part of what makes this Village such a desirable place in which to live. Their efficient and satisfactory operation is a testament to our Village employees.

During my three years on the Board, several pieces of legislation were enacted in the area of zoning and building. The input the Village Board received from residents during these many public hearings was very helpful in determining the appropriate legislation to be adopted.

Frequently, new laws and methods of operation are established because of suggestions and comments from our residents. This attitude of ownership by all residents helps to keep the Village responsive and drives change when change is needed.

I would like to thank our Mayor Gene Murray for his faith in appointing me a Trustee almost three years ago.

Finally, I would like to thank all our residents who have helped me in my position as Village Trustee. Without your help, comments, suggestions and understanding, being a Village Trustee would be impossible.

This Month In Rockville Centre

Published by the Village of Rockville Centre
Eugene J. Murray, Mayor

Trustees
Mary Whalen Bossart
Wayne H. Lipton
John A. Matthews, Jr.
Gregory F. Rinn

For information concerning Village facilities, residents are invited to telephone Ron Wasson, Village Administrator, Clerk-Treasurer, 678-9300

Community News

Real Estate Tax Notice

Homeowners are reminded to notify the Village Tax Office of any change in their mortgage, whether satisfying or refinancing a mortgage, or when their mortgage is sold from one lending institution to another.

Tax bills will be mailed the week of May 26. The first half payment is due June 1; the last day to pay without penalty is July 1.

If you do not receive your bill by June 6, you may obtain a bill from 9 A.M. to 3 P.M. at the Tax Office on the second floor of Village Hall, One College Place and Clinton Avenue or by calling 678-9242.

Community News

Museum Show May 4

The Phillips House Museum of the Rockville Centre Historical Society will present original coastal landscape paintings by Daniel Pollera on Sunday, May 4 from 1:30 to 4:30 P.M. at the museum, 28 Hempstead Avenue.

Mr. Pollera will be present to discuss his work, which will be the subject of a one-man show in Kennebunkport, Maine in July.

A wine and cheese reception with the artist will continue throughout the afternoon.

S.T.O.P. Collection May 4

The Town of Hempstead's Stop Throwing Out Pollutants program will hold a hazardous waste collection on Sunday, May 4 from 8 A.M. to 3 P.M. at the Newbridge Road Parking Garage in South Bellmore.

Town residents may bring hazardous or toxic household chemicals and products to the collection point for proper disposal at no charge. The program accepts such items as paints, solvents, varnish, waste oil, antifreeze, batteries, car tires (off the rim), and photography and pool chemicals.

The program will not accept commercial or medical waste, ammunition, explosives, propane tanks, or unlabeled materials.

For information, call the Town of Hempstead Department of Sanitation at 378-2200.

Iraq War Interfaith Services

The Interfaith Clergy Association of Rockville Centre invites residents to participate in interfaith services to provide the support and comfort of community in this troubling time in the history of our nation.

The services will be conducted on Tuesday May 6 from 7:30 to 8 at Temple B'nai Sholom, 100 Hempstead Avenue and on Tuesday May 13 from 7:30 to 8 at the Church of the Ascension, 71 North Village Avenue.



Beach walks are a popular part of the outdoor activities for Senior People in Action at the Sandel Senior Center. The SPA kick-off day is Monday, June 2.

May is Older Adults Month

Adopt-A-Week Returns

The Friends of Senior Services Inc. (FOSSI) is marking Older Adults Month by reviving the Adopt-A-Week program. For \$100 anyone may adopt a week in honor of or in memory of someone special.

A plaque is placed in the lighted box outside the Center during the week that has been adopted. Inside the Center a large plaque is displayed with the names of the honored or memorialized each week. The names will also be posted in the Center's monthly calendar and announced at the general meeting each month.

Proceeds from Adopt-A-Week will benefit the nutrition program at the Senior Center.

Special Events

The Sandel Center's annual open house Friday, May 2 beginning at 10:30 A.M. offers residents a chance to sample the Center's activities and services. Coffee and pastries will be served.

Sandel Sunday is May 4 from 2 to 4 P.M. with the Ms. New York Senior America talent showcase produced by Ethel Bennett, the national pageant director.

Decision-Making Day Program sponsored by the New York State Bar Association is Thursday, May 8 at 6:30 P.M.

A live wild bird exhibition by naturalist Robert Young is Friday, May 9 at 1 P.M. with live owls, hawks and falcons. Students from Riverside School will join this intergenerational learning

U.S. Rep. McCarthy to Visit

Congresswoman Carolyn McCarthy and Barbara Kennelly, President & CEO of the National Committee to Preserve Social Security and Medicare will lead an informational meeting on Monday, May 12 at 10 A.M.

opportunity that includes making your own ice cream sundae. \$3 per person.

The Annual Beach Walk and Salad Luncheon is Wednesday, May 21 at 10 A.M. Transportation and lunch are \$5 per person.

May Speakers

Jeanie Waters will discuss animal aides to the handicapped on Tuesday, May 6 at 11 A.M.

Dr. Jeffrey S. Garofalo of JSG Chiropractic and Wellness will discuss the quality of store brand supplements on Tuesday, May 13 at 11 A.M.

Ray O'Reilly will discuss the Industrial Revolution on Tuesday, May 20 at 11 A.M.

Josephine Vaglio of the Healthcare Management Association and Ginger Slianski of Medicare Outreach will discuss Medicare updates on Tuesday, May 27 at 11 A.M.

Health and Wellness Activities

A blood pressure screening program is Thursday, May 8 from 12:30 to 2:30 P.M.

Yoga classes are Thursdays at 5:30 P.M.

Walkers meet Friday mornings at 9:30.

The Sandel Center offers grief counseling for those who have suffered a recent loss every Thursday at 1 P.M. Call Helene Locke MSW at 678-9255.

The Care Club for the frail elderly meets twice weekly for music, crafts, exercise, a hot lunch, and social opportunities. Call Delores DePaolis at 678-9245 for information.

Call the Sandel Center at 678-9245 for information about any of the following regularly scheduled fitness activities: aerobics, range of motion, ballroom dance, Tai Chi, bowling, yoga, ping pong, shuffleboard, walking and more.



\$20,000 for the Community Fund

Members of Mayor Murray's 25th Anniversary Committee present a check to the RVC Community Fund for \$20,000, the proceeds of the April 6 dinner and journal honoring the mayor's 25 years of public service to the Village. Jeff Greenfield and Tony Cancellieri co-chaired the Committee that included Sylvia Chertow, John Cameron, Mary Beth Croutier, Carol Edwards, Beth Fetner, Trina Firestone, Gary Fishberg, Mary Geraghty, Ann Goulding, Vivian Lewandowski, Wayne Lipton, Joan MacNaughton, Fran Murray, Bob Pagnotta, Janet Poggi, Greg Rinn, Jim Rochford, Jill Rosenblum, and Peter Rubin.